

Project Proposal

For

Six- Point Community Pharmacy

1307 Brookland Park Boulevard



Submitted by:

HandUp Community Resource

Introduction:

HandUp Community Resource Center is a nonprofit 501(c)(3), center providing, a food pantry, counseling, mentoring, residential and case management services and much more, in Richmond, Virginia. HandUp is hoping to develop active community collaborative partnerships among groups and individuals with shared goals and a strong sense of mission. This center was created with the premise that every individual deserves a chance to live a quality and meaningful life.

HandUp hopes to accomplish this by providing a holistic approach that encourages and challenges individuals to enter into a partnership. This partnership will work with the individual, family members, friends, and other community resources, fostering healing, communication, exposure, and safety over life's trouble. HandUp simply wants the individuals that we serve to know we care.

About Us

The mission of HandUp is to provide tools and resources to help those in need, help themselves. HandUp Community Resource Center aspires to build a bridge of support for those in crisis by working toward a long-term solution that promote stability.

HandUp is fully engaged with the Greater Richmond Continuum of Care (GRCoC) and its specific VetLink program. VetLink is a national model, ground-breaking, highly effective complete coordination program for all local Veterans services in GrCoC's catchment area of the City of Richmond, the counties of Charles City, Chesterfield, Goochland, Hanover (including the town of Ashland), Henrico, New Kent and Powhatan. There are more than 30 stakeholder members. VetLink does not provide direct services, but provides triage, a streamlined referral process and linkage to all Veteran services available in the community.

Services

HandUp helps provide a temporary safe haven for veterans and their families. We also provide the following services:

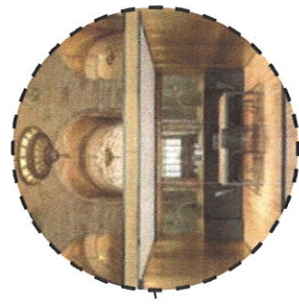
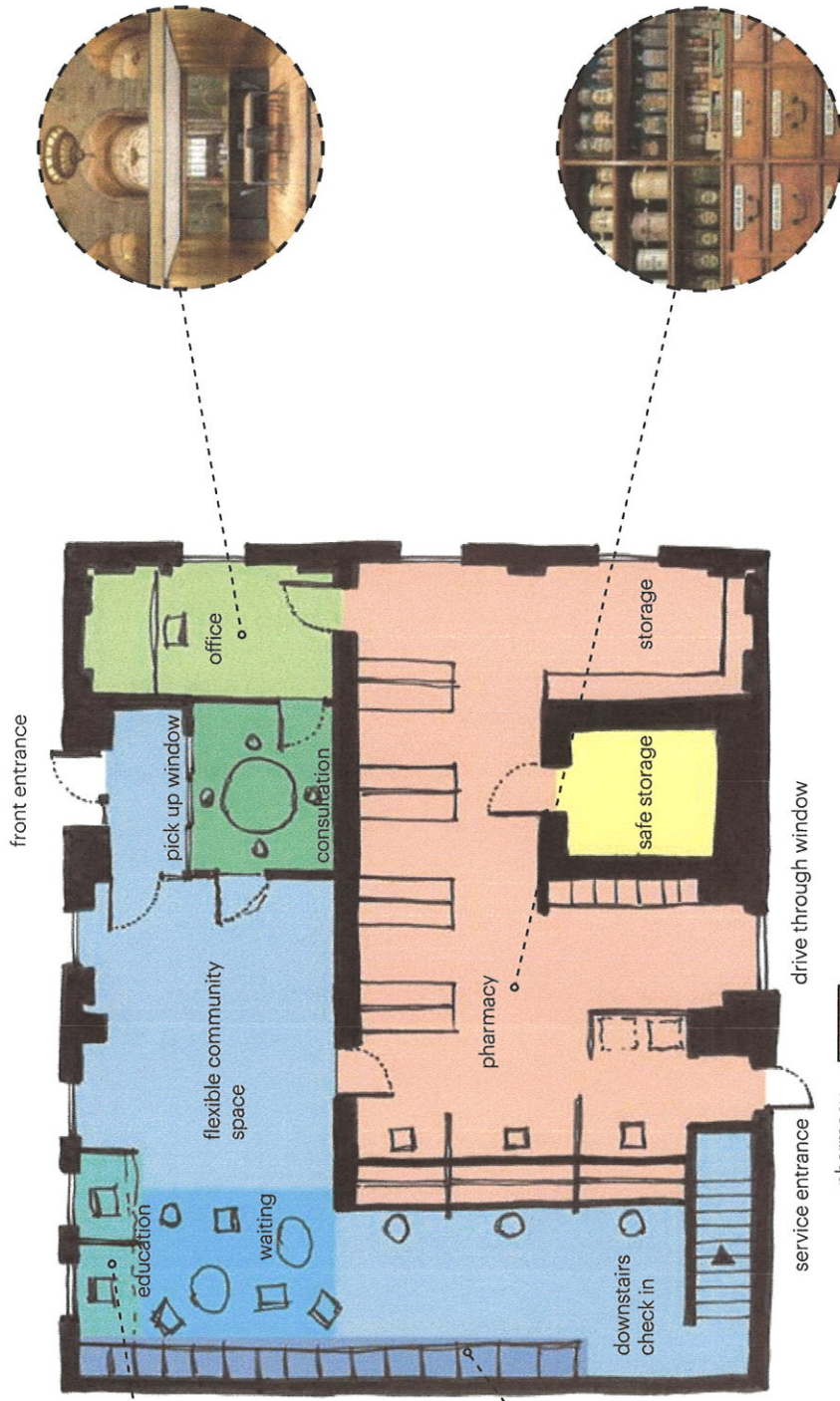
- Housing Resources
- Wellness Center/Food Bank
- Mentoring
- Job Readiness

- Certified Peer Support
- Substance Abuse Treatment
- Case Management
- Life Coaching

bank of america building.



the hub.




option 2: open.



Site Purchase Price

HandUp is interested in negotiating an agreement for the purchase of the Former Bank of America Building located at 1307 E Brookland Park Boulevard, Richmond, VA 23222 for \$121,000.

	<h1>QUOTE</h1>
Thabiti Construction LLC PHONE: 804-306-3110 Email: admin@thabiticonstruction.com	DATE: 9/7/21

Client: RICHMOND LAND BANK
 WORK Address: 1307 E BROOKLAND PARK BLVD
 RICHMOND VA 23222

TRADE	JOB SITE	SCHEDULE	DUE DATE
	1307 E BROOKLAND PARK BV	TBD	

LINE	DESCRIPTION	
1	FLOORING-DEMO EXISTING VCT/ CARPET -REPLACE WITH SAME 5200 @\$3.75 SQ FT	\$19,500
2	PAINT INTERIOR /16-20 FT-CEILINGS MAIN FLOOR -8FT CEILINGS BASEMENT	\$11,900
3	PARKING LOT PAVING/STRIPING-12,600 SQFT @ \$1.68 SQFT	\$ 21,294
4	DEMO OFFICE - DUMPSTER FOR ALL DEBRIS	\$1,2000
5	POWER WASH EXTERIOR	\$2,500
6	LANDSCAPING- GRASS/SHRUBERY FIRST CUT	\$250
7	INSPECTION- ELECTRICAL- \$250/PLUMBING- \$250/HVAC-\$500/CHANGE LIGHT BULBS-\$350	\$1,350

TOTAL \$57.994.00

QUOTE ACCEPTED _____ Date: _____

THANK YOU FOR YOUR BUSINESS!



Anticipated Timeframe for initiation and completion of proposed project between 90-180 days for initiation and 60-90 to renovate depending on materials and scheduling. The projected project start date March 1, 2022 with a beginning date of September 1, 2022.

Mission & Vision

Mission

The Health Hub (HH) is committed to keeping the community healthy and first in mind by providing holistic primary and preventive care as well as meeting pharmaceutical needs to people with limited access to health services. In a compassionate, high-quality and patient-centered environment, services are accessible to anyone and everyone in our community with cultural competence regardless of ability to pay.

Our Vision

The Health Hub (HH) offers and will continue to develop a range of healthcare services for the underserved throughout Highland Park and surrounding communities. It will achieve the reputation of provider of choice for affordable, high quality services that achieve positive patient outcomes. A welcoming and caring environment will be experienced by all patients and their families.

Promoting an organizational culture attracting and retaining skilled, dedicated employees. Sound fiscal management practices in place to ensure long-term viability. *HH* will collaborate and advocate with other organizations to increase the community's capacity to meet health and wellness needs as well as educate and empower individuals to lead a life of sustainable wellness.

We offer comprehensive care in the following areas:

Primary Care:

The Center provides a full range of primary and health care services including:

- Comprehensive & Continuous Primary Care: Health assessments, management of acute & chronic illnesses
- Health Promotion & Screenings: Immunizations, men & women's

Women's Health:

Comprehensive preventative visits including:

- Pap Smears
- Breast Exams
- Sexually Transmitted Disease Testing
- Birth Control
- Menopause Related Issues
- Urinary Incontinence
- Consultation for other issues
- Health screenings based on age and risk factors

Men's Health:

Comprehensive preventative visits including:

- Prostate Exams
- Sexually Transmitted Disease Testing
- Health screenings based on age and risk factors

Children's Health:

- Pediatric Care
- Immunizations

Nutrition Services:

- Nutrition counseling services with a registered dietitian or nutritionist
- Proper Nutrition can improve conditions such as:
 - Acid reflux
 - Asthma
 - Cancer
 - Celiac Disease
 - Chronic Pain
 - Food allergy and intolerance
 - Gout
 - Heart Disease
 - HIV
 - High Blood Pressure
 - High Cholesterol or Triglycerides
 - Irritable Bowel Syndrome
 - Inflammatory Bowel Disease
 - Kidney Disease
 - Polycystic Ovary Syndrome
 - Prediabetes and Diabetes
 - Weight management for adults and children

Diabetes:

Diabetes Prevention Program

HIV / AIDS:

- Comprehensive HIV screening, prevention education & management of HIV/AIDS illness

Behavioral Health:

- Mental Health and Substance abuse screening
- Medication Assisted Treatment and Counseling for addiction – Suboxone Therapy

- Health & Wellness Coaching
 - Stress Management
 - Diabetes
 - Weight Concerns
 - Inflammatory Issues
 - Heart Health
 - Blood Pressure

Physical Therapy:

- Arm & elbow injury
- Back pain (acute or chronic)
- Carpal tunnel syndrome
- Foot/ankle pain
- Hand injury
- Hip injury & replacement
- Joint replacement therapy
- Knee injury
- Lymphedema
- Osteoporosis
- Overuse injury
- Pelvic floor dysfunction
- Pregnancy-related pain
- Sciatica
- Shoulder injury
- Spinal cord injury
- Swallowing disorders
- Tennis elbow

Dental:

Provide services such as the following:

- Routine Examinations
- Deep Cleanings

Pharmacy:

Services

- Full-Service Pharmacy
- Free Delivery (Senior Living Facilities)
- Medication Synchronization
- Medication Therapy Management
- Auto-refills
- Immunizations
- Compliance Packaging
- Education Seminars

VETLINK Veteran Service Center

- HandUp's project plan was integrated with the VetLink coordinated care, local GPD providers, VAMC and other services available to Veterans. The VSC has a full-time Project Manager to meet with every Veteran and begin implementing a plan for engagement. HandUp's VSC offers extensive case management plans; it focuses on helping Veterans feel welcome and comfortable within the VSC. The VI-SPDAT tool will be administered in a low-key, non-intrusive manner with participants as soon as it is feasible. The VSC does not want to be experienced as yet another intrusive, nosy bureaucracy. The staff will work on engagement and welcome with gentle follow up and gentle assessment.
- This proposal from HandUp was a direct outgrowth of GRCoC's priority to expand service coordination and access to Veterans in the community. GrCoC is fully committed to eliminating the problem of homelessness for Veterans. HandUp's proposal, created as part of that commitment, is in complete alignment with the entire program.
- As noted in the Veteran Administration *White Paper on Effective Practices*, the Richmond community, led by community partner Liberation Veteran Services, has designed a deliberate and focused system to provide integrated housing services. The VHA National Homeless Program Office reviewed Richmond and three other communities and identified four major themes critical to integrating GPD with local resources: "the importance of building warm, collaborative relationships; matching Veterans to GPD models based on their unique and individual needs; utilizing common assessment tools (CATs) to prioritize the order of admissions; and intentionally providing GPD services while focusing on permanent housing solutions."
- HandUp and the VSC staff has recruited volunteer groups from faith communities, civic, fraternal, or social groups, business and individual volunteers to provide meals on a regular basis. HandUp already has an extensive list of community groups who regularly volunteer for other programs with HandUp. Many groups are anticipated to volunteer to provide meals on a weekly or monthly basis which will be coordinated by VSC staff. Hot meals will be provided at least 3 times a week and more frequently as volunteer meal providers are identified.

DAYBREAK (TRANSITION IN PLACE) RESIDENTIAL PROGRAM

- Daybreak program serves homeless male and female veterans 18 years and up who are experiencing problems with housing and are suffering from emotional and mental health disorders that interfere with their ability to succeed in home and community settings; who may have suffered from post-traumatic stress syndrome, substance abuse disorders, bipolar disorder, depression, and/or social instability; and other issues which threaten their stability.
- Daybreak program is designed to provide residential, independent, and life skills training to homeless veterans. HandUp Community Resource Center, LLC. Daybreak program is community-based program located in Central Virginia and surrounding area. Our program provides a well-supervised, stable, and supportive home-like environment 24 hours per day, 365 days per year.
- HCRC received community support from the City of Richmond and Hunter Holmes VA Medical Center community and Greater Coordination of Care. HCRC was able to collaborate with local, state and federal officials to secure permits and meet inspection requirements.

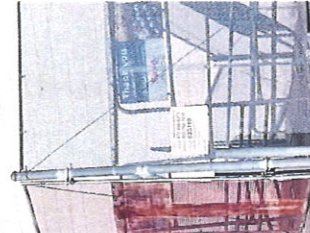
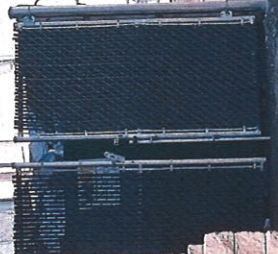
- HCRC was able to secure a corporate lease with Thalhimer Properties to bring this first-time program to the Richmond, Virginia area. The program has been in effect for last 3 years and has been noted in the “Governmental White Pages” as one of the most successful Transitional Programs in the last 20 years.

HandUp Wellness Center

- HandUP Food Bank of Richmond, VA feeds over 200 people weekly who are suffering from food insecurity. HandUP has recently been selected by FeedMore as a Wellness Center.
- We partner with more than 100 Partner Agencies throughout our 5-county service area in Richmond, VA to feed those suffering from food insecurity.
- As a wellness pantry we work to care for the well-being of clients by providing access to various resources and education in order to break the cycle of hunger and poor health.
- With the support of Feed More, Richmond City Health District, VCU Health, Virginia Premier and Anthem our Wellness Center will be able to distribute more produce, help clients apply for SNAP benefits, host health screenings, and provide nutrition education. Each level of support is implemented in phases.
- HCRC continues to work with healthcare partners in Central Virginia to address food insecurity as a social determinant of health.

VETLINK

VETERAN SERVICE CENTER



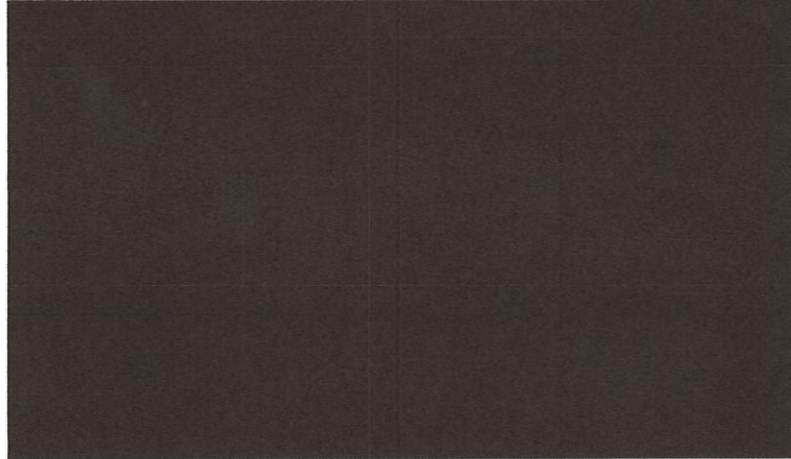
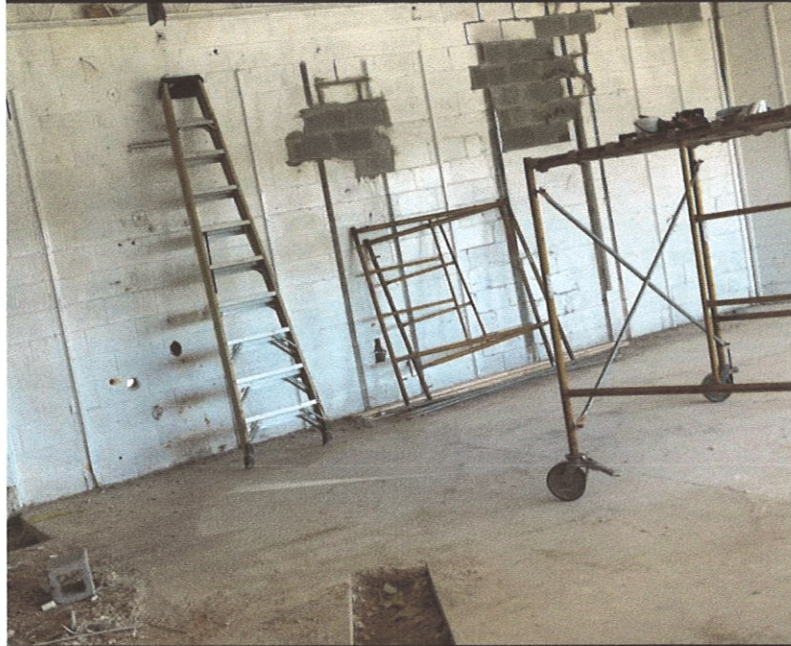
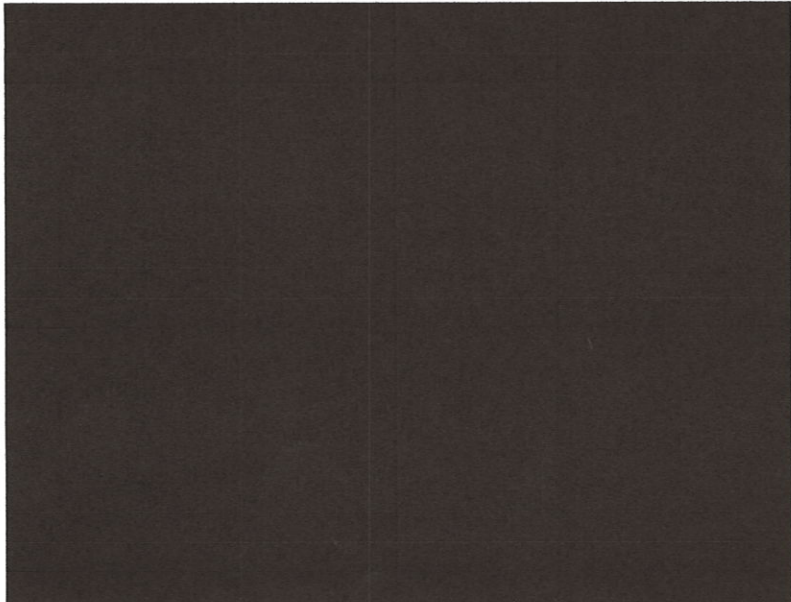


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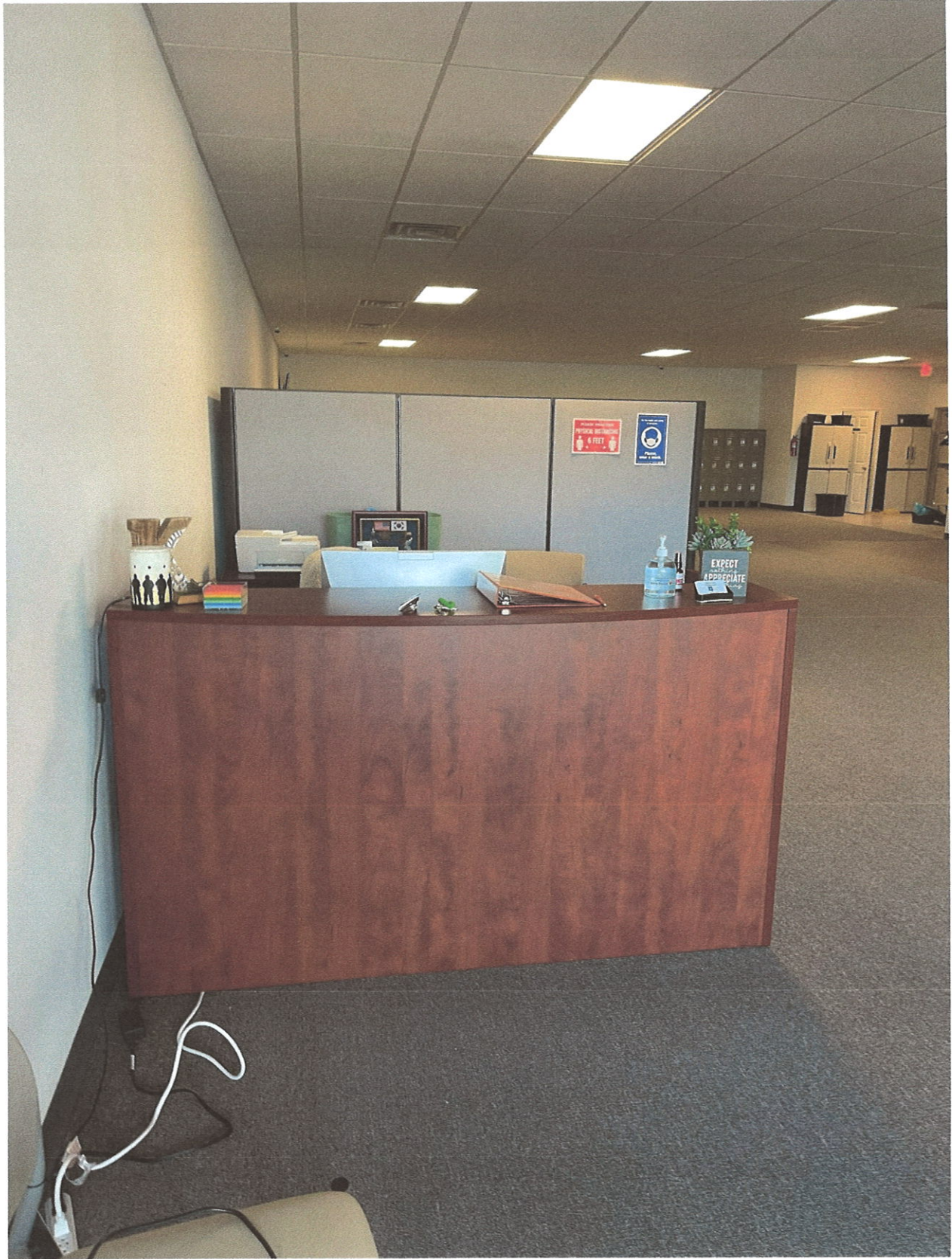


















Financing Assumptions:

HandUp Community Resource Center has met with LISC and VCC to discuss the funding of the Six Points Pharmacy Project both LISC and VCC made a verbal commitment to financially support the project when chosen.



To Whom it may concern,

Hands Up Resource Center is in good standing with Feed More and practicing safe food handling procedures outlined by Feed More. If you have any additional questions please do not hesitate to contact me.

Thanks,

Anthony Johnson
Regional Manager



1415 Rhoadmiller Street, Richmond Va 23220
O:804-433-2548
Feedmore.org

**Department of
Veterans Affairs**

Memorandum

Date: FEB 21 2020

From: Director, Central Virginia VA Health Care System (652/00)

Subj: Letter of Commitment, HandUP Community Resource Center

To: Jeffrey Quarles, Director VA Homeless Providers GPD Program, Tampa, FL (673/00)

1. The Central Virginia VA Health Care System is pleased to provide a letter of our commitment to support HandUP Community Resource Center's application for the Service Center Grant through the VA open Notice of Funding Availability (NOFA).
2. HandUP Community Resource Center is a crucial partner in the efforts to end homelessness among Veterans and continues to work closely with our facility to that end. We affirm our support for their application for the Service Center Grant and look forward to this partnership.
3. If you have additional questions, please do not hesitate to contact Temekia Toney, LCSW, Supervisory Social Worker, Homeless Program at (804) 675-5000 ext. 7657.



J. RONALD JOHNSON, FACHE



DEPARTMENT OF VETERANS AFFAIRS
VETERANS INTEGRATED SERVICE NETWORK SIX
3518 Westgate Dr.
Durham, N.C. 27707

Date: February 20, 2018

Mr. Jeffrey L. Quarles
Director
VA Homeless Providers GPD Program Office
Department of Veteran Affairs
10770 North 46th St.
Suite C-200
Tampa, FL 33617

From: Jeff Doyle, LISW
VISN 6 NHC

RE: HandUP Community Resource Center

To Whom It May Concern:

I would like to support The HandUP Community Resource Center in their application for the Transition-in-Place (TIP) model Grant Per Diem (GPD) project through the current NOFA offered by your office. Having worked with other TIP agencies in the last funding process I recognize the challenges that are associated with this model. I had a good conversation with the staff of the agency, explaining the barriers that I saw other agencies experience and listening to their project plan. HandUP continues to express an interest in implementing this model into the Richmond, Virginia community. Richmond has a long history of community coordination and a TIP program could serve a needed role in helping to maintain Virginia's designation of Ending Veteran Homelessness per the USICH Benchmarks.

If you have any questions or require further information, please contact me at (919) 685-5585 or by email at Jeffrey.Doyle@va.gov.

Sincerely,

A handwritten signature in black ink, appearing to read "Jeff Doyle", is written over a horizontal line.

Jeff Doyle, LISW
VISN 6 Network Homeless Coordinator
(919) 685-5585